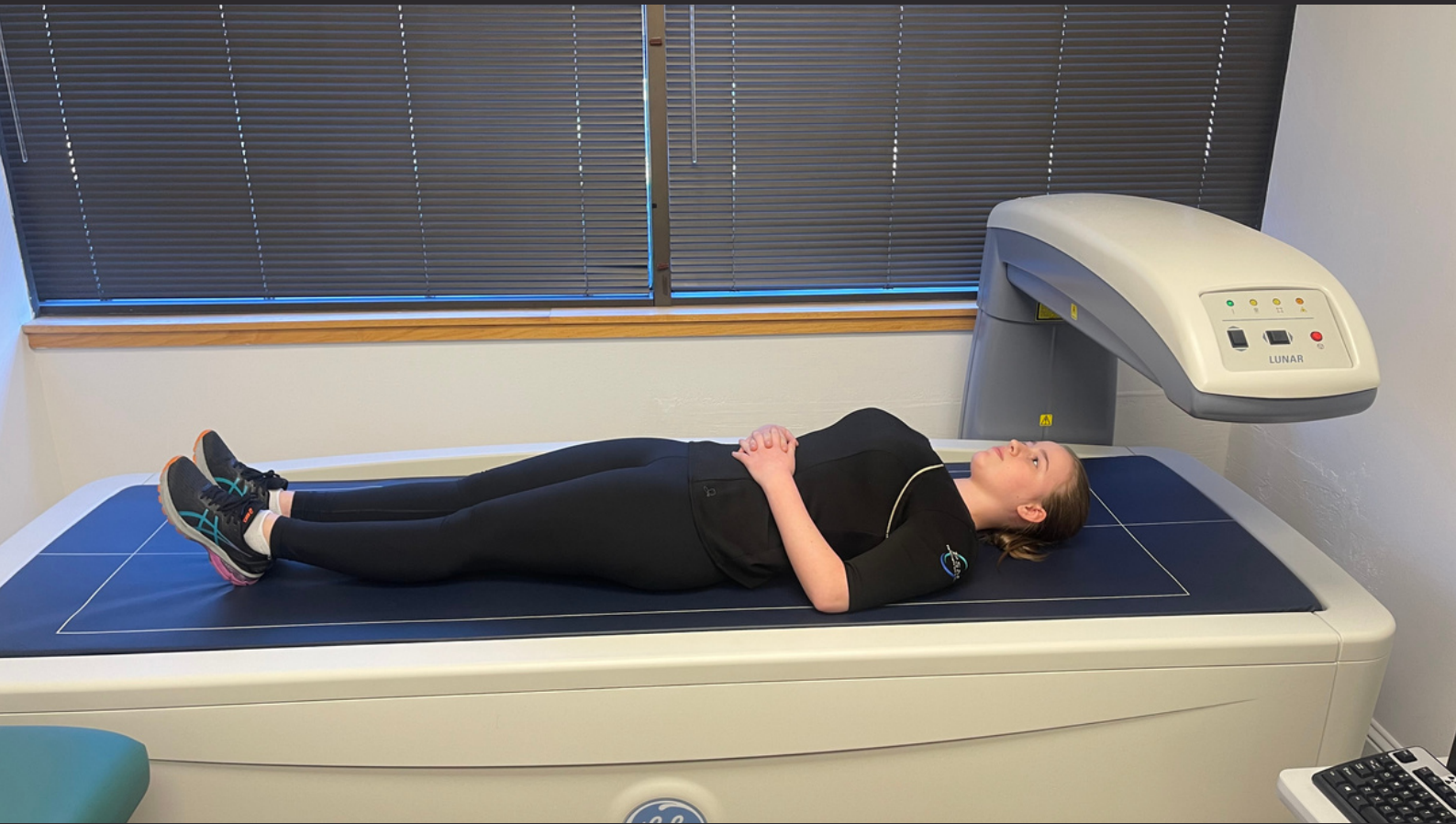


DEXA

Bone Density and Body Composition

THE GOLD STANDARD



The DEXA Body Composition scan provides regional body fat and bone density results for the arms, legs, waist and hips and can also do a reading for abdominal, or visceral, fat.

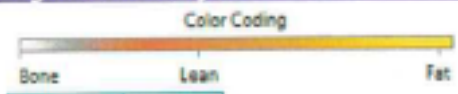
- Total Body Fat Percentage (within 1% accuracy)
- Visceral Fat Percentage (Fat in the abdominal cavity)
- Lean Muscle Percentage
- Lean Muscle Distribution with right to left differences
- Resting Metabolic Rate
- Workout Metabolic rates for light and heavy workout days
- BMI

Left Arm: 4.3 lbs
Right AP Spine (Trunk): 26.6 lbs
Left AP Spine (Trunk): 26.4 lbs
Right Leg: 11.2 lbs
Left Leg: 11.5 lbs

Bone Mineral Density Report:

Right Arm T-Score: 3.7 in the wrist.
 0.6 in the shaft. ←
Left Arm T-Score: 3.5 in the wrist.
 1.5 in the shaft. ←
AP Spine (Trunk) T-Score Range -0.1 to 0.6.
L1 T-Score: 4.5
L2 T-Score: 4.2
L3 T-Score: 5.0
L4 T-Score: 3.1
Right Femur T-Score: 3.0 at the neck.
 2.3 Total
Left Femur T-Score: 3.8 at the neck.
 2.8 Total

Segmental Analysis

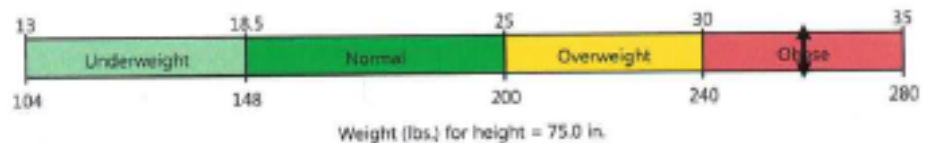


| Region | %Fat (%) | Total Mass (lbs) | Fat Mass (lbs) | Lean Mass (lbs) | BMC (lbs) |
|----------------|----------|------------------|----------------|-----------------|-----------|
| (e) Arms Total | 25.7 | 35.0 | 8.6 | 24.9 | 1.5 |
| Right | 25.7 | 17.5 | 4.3 | 12.4 | 0.7 |
| (e) Left | 25.7 | 17.5 | 4.3 | 12.4 | 0.7 |
| (e) Difference | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Legs Total | 26.8 | 88.8 | 22.8 | 62.2 | 3.8 |
| Right | 26.2 | 44.7 | 11.2 | 31.6 | 1.8 |
| Left | 27.4 | 44.1 | 11.5 | 30.6 | 1.9 |
| Difference | -1.2 | 0.6 | -0.3 | 1.0 | -0.1 |
| Trunk | 41.7 | 130.8 | 53.0 | 74.1 | 3.6 |
| Android | 47.6 | 21.0 | 9.9 | 10.8 | 0.3 |
| Gynoid | 30.4 | 41.9 | 12.4 | 28.4 | 1.0 |
| (e) Total | 33.9 | 266.0 | 86.7 | 169.3 | 10.0 |

BMC = Bone Mineral Content

World Health Organization BMI Classification

BMI = 32.5 (kg/m²)



Body Composition History (Region: Total)

| Measured Date | Total Mass (lbs) | Change vs. | | Fat Mass (lbs) | Change vs. | | Lean Mass (lbs) | Change vs. | |
|----------------|------------------|----------------|----------------|----------------|----------------|----------------|-----------------|----------------|----------------|
| | | Baseline (lbs) | Previous (lbs) | | Baseline (lbs) | Previous (lbs) | | Baseline (lbs) | Previous (lbs) |
| (e) 01/27/2022 | 266.0 | baseline | - | 86.7 | baseline | - | 169.3 | baseline | - |

Information provided is not on the person pictured